

Helping Hands and Academy Nursery School

News

October 2018

Allergies Reminder

Please remember that there are students on our campus with life-threatening allergies. Peanuts, peanut butter and products containing nuts, including tree nuts, are not permitted at school. Food processed in a facility that MAY have been exposed to nuts is not allowed.

Teachers will make sure that snacks that are safe for all are provided at snack time, birthday celebrations and holidays.

IF you would like to send in goodie bags (definitely not an expectation) for a celebration of some type, please **do not** include edible items. Substitutions for edible things could be stickers, pencils, etc.

Thank you for your cooperation with this matter. It is much appreciated!



Parent Support

Helping Hands offers social work services through our classrooms to provide support, counseling and information regarding available resources. Contact your child's teacher or feel free to call and ask to speak to the social worker for your child's classroom if you would like to make use of this service.

We also have a Parent Library in our lobby which can be a valuable resource for current topics relating to parenting and to a variety of special needs and topics. Feel free to browse and borrow our books!



Book Fair

Helping Hands School!

Come visit the Book Fair during Parent/Teacher Conference & School Hours!

Wednesday, October 18th
Thursday, October 19th

Or, shop online at: www.readingwithscholastic.com
Choose the Helping Hands link!! They earn 25% of all sales!



Books endorsed by the Campaign for a Commercial Free Childhood

We Rock the Spectrum...

is a facility at 1490 Saratoga Rd. in Ballston Spa that advertises a playful experience for children of all abilities.

According to their website, "We Rock the Spectrum provides children with a fun and motivational environment to help them in areas of strength, movement, sensory processing, communication, positive behavior modification, social interactions and self-care skills."

Phone number is 818-996-6620.

Ring Around the Spectrum...

is a new facility in Latham at 1214 Troy Schenectady Rd.

According to their website, "Ring Around The Spectrum is an all-inclusive sensory gym that has therapeutic equipment designed for children with autism and other developmental delays. Your child can engage in activities that will promote their developmental growth."

Phone number is 518-250-5328.



Parking Lot Safety



Our first priority will always be safety so please remember to drive slowly in our parking lot and to be especially careful when backing up. We'll do our best to coordinate cars and buses - coming and going. **Please do not drive past the buses when they are parked. Use the thoroughfare farthest from our building.** Children should be holding hands with an adult at all times when in the parking lot. Thank you to everyone for your understanding and patience during transition times. We do appreciate it!



Holiday Assistance Program



Each year Helping Hands and Academy Nursery School coordinate a gift giving program for our families in need of assistance during the holidays. If you are in need of assistance this holiday season, please contact your classroom social worker or teacher. Many of the resources we use for this program begin enrollment this month. If you would like to participate by making a donation, information will come home with your child in early November.

We will also be coordinating a Food Drive in November. Both of these holiday programs provide a great way to model sharing and thoughtfulness for our children. Sharing boxes will be visible in several locations in our building. We sincerely appreciate your support of these programs.

November

11/1 Blaze Pizza Fundraiser in Clifton Park 5:00 - 8:00 p.m.
11/12 Veteran's Day (no school)
11/21- 11/23 Thanksgiving Recess

Helping Hands and Academy Nursery School October 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Weekly Themes:	1	2	3 Fire fighter Gregg visits us to present on fire safety and prevention	 4 Fire fighter Gregg visits us to present on fire safety and prevention	5	6
7	8 NO SCHOOL (COLUMBUS DAY)	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24 Usborne Book Fair in our lobby. Stop in to see and to shop.	25 Usborne Book Fair in our lobby. Stop in to see and to shop.	26	27
			NO AFTERNOON CLASSES* (Parent Conferences)	NO MORNING CLASSES* (Parent Conferences)		
28	29	30	31 Halloween	 <p>Check with your child's classroom for Halloween plans. Classroom activities vary from room to room, taking into consideration a multitude of factors. As Pete the Cat says, "It's All Good." :)</p>		



Watch for a flyer in regard to a STEP class that will be offered here. The STEP (Systemic Training for Effective Parenting) program is an effective, seven-session planned training curriculum that focuses on topics important to parents today. This course provides valuable tools which often improve communication among family members and lessens conflict. Miss Lisa will be leading this class.

*On Parent Conference Days, Playgroups and SEIT services **ARE** held as scheduled. The 5 hour classes will not meet on 10/25 and they will dismiss at 11:30 on 10/24.