



Helping Hands and Academy Nursery School April 2019



News



April 2019

Taste of Spring Gathering Hilton Garden Inn Clifton Park Thursday, May 2nd 5:00-8:00 p.m.

Our 7th annual event! The evening will consist of lavish hors d'oeuvres, food stations and silent auctions. Raffle ticket sales will continue for baskets and other items - until the **drawings take place at this event!** Be sure to see the Wine Pull opportunity. Also, have fun tasting and voting for your favorite "Sweet Treat Inspired by a Children's Book" challenge. Christina Arangio, from News 10, will once again be our Master of Ceremonies. Tickets are \$60 per person and can only be purchased in advance either by mail, at our main office or from our website. Also check out our Helping Hands website for photos of baskets and then order raffle tickets by mail or at school. We are looking forward to this fun event and hope to see you there. Come celebrate with us! As always, if you have any questions, call 664-5066.

Thank you.....

Helping Hands School recently received a generous *Holiday Match Donation* from **Stewart's Shops**. We greatly appreciate Stewarts' long time support. This year's donation will be used to add a new play scenario to our playground.

Academy Nursery School Summer 2019

Registration for Academy Nursery School's Summer Program ends at the end of April. The summer program is first open to current Academy Nursery School students, then students registered for September 2019. This six week program runs from 7/1/19 through 8/9/19. Join us as we explore the great outdoors, learn about "Camping", "The Ocean" and more. For more information call Sandy Rivenburg at 664-5066.

Important "Screen" Info.

From the American Academy of Pediatrics - Today's children are spending an average of seven hours a day on entertainment media, including televisions, computers, phones and other electronic devices. To help kids make wise media choices, parents should monitor their media diet. Parents can make use of established ratings systems for shows, movies and games to avoid inappropriate content, such as violence, explicit sexual content or glorified tobacco and alcohol use.

Studies have shown that excessive media use can lead to attention problems, school difficulties, sleep and eating disorders, and obesity. In addition, the internet and cell phones can provide platforms for illicit and risky behaviors.

It is important for kids to spend time on outdoor play, reading, hobbies, and using their imaginations in free play.

Television and other entertainment media should be avoided for infants and children under age 2. A child's brain develops rapidly during these first years, and young children learn best by interacting with people, not screens.



Spring Fever

It is Spring and here at school children will be getting outdoors more regularly. **For playground safety and fun, please dress your child in safe shoes and sneakers, rather than sandals, flip flops or crocs.**

Our Library

Did you know that Helping Hands has a library of books for parents and professionals in the front lobby? Books are available to borrow on a variety of relevant child development topics.

Stop in to take a look and sign out a book or two at any time.

Clifton Park Public Library



The Clifton Park Public Library continues to share that they have begun circulation of Early Literacy Kits. These kits are intended for families to enjoy together at home. The kits include a variety of materials such as: books, CD's, DVD's, flannel boards and pieces, activity sheets and puzzles. There are themes such as Animals, Dinosaurs, Folk Tales, Music, Oceans, Time and more. The Early Literacy Kits are located in the parenting section of the children's library and these materials are loaned for up to 14 days.



Looking Ahead...

School Pictures!

An opportunity for school pictures (individual and classroom) will be provided here at school on **April 30th and May 1st and 2nd**. More details to follow, watch for a flyer.

May 4th - Single Cut Brewery 5K Race Day

May 7th - Parent Night; Nancy Cupolo presents on "Positive Behavior" at 6:30 p.m. Child care is available.

May 27th - Memorial Day, no school



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Sun	Mon	Tue	Wed	Thu	Fri	Sat
<u>Weekly Themes:</u>	1	2  World Autism Awareness Day	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19 NO SCHOOL	20
21 Easter 	22 NO SCHOOL	23 NO SCHOOL	Spring Recess		26 NO SCHOOL	27
28	29	30 School Pictures 4/30, 5/1, 5/2 				
						