



Helping Hands and Academy Nursery School April 2018



News



April 2018

Taste of Spring Gathering Hilton Garden Inn Clifton Park Thursday, April 26th 5:00-8:00 p.m.

Our 6th annual event! The evening will consist of lavish hors d'oeuvres and food stations provided by Angelo's Prime Bar & Grill/Mazzone Hospitality. There will be silent auctions and raffle ticket sales will continue for baskets and other items - until the drawings take place at this event! Be sure to see the Wine Pull opportunity. Also, have fun tasting and voting for your favorite cupcake during the Celebrate Our Differences: Variations on a Cupcake contest. Christina Arangio, from News 10, will once again be our Master of Ceremonies. Tickets are \$50 per person and can only be purchased in advance either by mail, at our main office or from our website. Also check out our Helping Hands website for photos of baskets and then order raffle tickets by mail or at school. We are looking forward to this fun event and hope to see you there. This year our Community Award will be given to Diane Payette, also known as Grama Tippy Toes. Come celebrate with us! As always, if you have any questions, call 664-5066.

Academy Nursery School Summer 2018

Registration for Academy Nursery School's Summer Program ends at the end of April. The summer program is first open to current Academy Nursery School students, then students registered for September 2018. This six week program runs from 7/2/18 through 8/10/18. Join us as we explore the great outdoors, learn about "Camping", "The Ocean" and more. For more information call Sandy Rivenburg at 664-5066.



Important "Screen" Info.

From the American Academy of Pediatrics - Today's children are spending an average of seven hours a day on entertainment media, including televisions, computers, phones and other electronic devices. To help kids make wise media choices, parents should monitor their media diet. Parents can make use of established ratings systems for shows, movies and games to avoid inappropriate content, such as violence, explicit sexual content or glorified tobacco and alcohol use.

Studies have shown that excessive media use can lead to attention problems, school difficulties, sleep and eating disorders, and obesity. In addition, the internet and cell phones can provide platforms for illicit and risky behaviors.

It is important for kids to spend time on outdoor play, reading, hobbies, and using their imaginations in free play.

Television and other entertainment media should be avoided for infants and children under age 2. A child's brain develops rapidly during these first years, and young children learn best by interacting with people, not screens.



Spring Fever

It is Spring and here at school children will be getting outdoors more regularly. For playground safety and fun, please dress your child in safe shoes and sneakers, rather than sandals, flip flops or crocs.

Our Library

Did you know that Helping Hands has a library of books for parents and professionals in the front lobby? Books are available to borrow on a variety of relevant child development topics.

Stop in to take a look and sign out a book or two at any time.

Clifton Park Public Library



The Clifton Park Public Library continues to share that they have begun circulation of Early Literacy Kits. These kits are intended for families to enjoy together at home. The kits include a variety of materials such as: books, CD's, DVD's, flannel boards and pieces, activity sheets and puzzles. There are themes such as Animals, Dinosaurs, Folk Tales, Music, Oceans, Time and more. The Early Literacy Kits are located in the parenting section of the children's library and these materials are loaned for up to 14 days.

Thank you....

Helping Hands School recently received a generous *Holiday Match Donation* from *Stewarts Shops*. We greatly appreciate *Stewarts'* long time support. This donation will be used to enhance our services and programs.

Looking Ahead...

April 2nd - 6th: Spring Recess (3/30 also)

April 26th - Taste of Spring 5:00 - 8:00 p.m. at the Hilton Garden Inn in Clifton Park

May 5th - Schmalz Brewery 5K Race Day

May 8th - Parent Night; Nancy Cupolo presents on "Positive Behavior" at 6:30 p.m.

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Autism
Awareness Month



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Sun	Mon	Tue	Wed	Thu	Fri	Sat
1  Easter	2 World Autism Awareness Day NO SCHOOL	3 NO SCHOOL	4 5 Spring Recess NO SCHOOL		6 NO SCHOOL	7
8 <u>Weekly Themes:</u>	9	10	11	12 Vision Screening <u>Consents</u> Due	13	14
15	16 Parent Support Group 9:15 - 10:45	17 Vision Screening Opportunity!	18 Vision Screening Opportunity!	19	20	21
22	23	24	25	26  <u>Taste of Spring</u> Hilton Garden Inn Clifton Park 5:00-8:00 pm	27	28
29	30					



The KidSight program of the Northeastern Association of the Blind will be conducting vision screenings at Helping Hands and Academy Nursery School on 4/17 and 4/18. More information and permission slips will be sent home soon.